

# SCHOOL FOOD

## Brines Leas School Aspens

Aspens is the company chosen to provide the meal service for students and staff. We specialize in providing catering for schools and academies and are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.

### WHAT'S ON THE MENU?

We have a range of food and drinks available at different times of the day.

The dining room is open at mid morning break to fill the gap and at lunchtime, so make sure you pay us a visit at some point throughout the day.

### World Kitchen

World Kitchen is our traditional hot food offer. Our exciting weekly menu is based on food from around the world and includes a range of hot and tasty puddings.

### Hot Deli

Our range of hot deli items includes hot marinated chicken wraps, paninis, topped jacket potatoes, freshly prepared pizza slices and fresh pasta with a variety of homemade sauces.

### Grab & Go

We have a great range of homemade savoury and sweet items. Choose from our freshly baked baguettes, rolls, sandwiches and salads. And for afters ... a range of cold desserts, homemade cakes, biscuits and fresh fruit.

### Cashless System

Indoor & Out  
Door Seating.

**Breakfast 8.20am-8.45am**

**Break 11.15am-11.30am**

**Lunch 12.30pm-1.30pm**

**Lunch Box - Hot Pasta & Hot Chicken Wraps**

**Main Counter - Main meal, Snacks & Pizzas**

**Panini Station**

### FOOD ALLERGENS

When someone eats a food they are allergic to, it can cause a severe reaction called anaphylaxis, which may be fatal. The new Food Information for Consumers Regulations 2011 implements a new requirement that all caterers must follow.

At Aspens, we already cater for lots of students with allergies and we regularly check the information from our suppliers to see if there have been any ingredient changes.

It is still important that our customers talk to us and tell us about any allergies they have. We can then work together and continue to provide meals that are safe for them to eat.





Take a look at a sample of our hot World Kitchen menu.

WEEK ONE	HOT meals		Aspens
<b>MONDAY</b>	Chilli Con Carne Wholegrain Rice	Bean & Vegetable Burritos Cool Tomato Salsa	Home Baked Apple & Sultana Tart Custard
<b>TUESDAY</b>	Chicken in Black Bean Sauce Noodles	Spicy Spanish Vegetable & Potato Frittata Balsamic Dressed Salad	Steamed Summer Berry Sponge
<b>WEDNESDAY</b>	Traditional Roast Turkey with Stuffing Roast Potatoes Gravy	Vegetarian Cottage Pie Topped with Bubble & Squeak	Apple & Strawberry Crumble Cake
<b>THURSDAY</b>	Oven Baked Beef Lasagne Cheesy Garlic Bread	Chickpea & Sweet Potato Dhal Mini Naan Bread	Banana Butterscotch Pudding Custard
<b>FRIDAY</b>	Crispy Battered Pollock Chunky Chips Tartare Sauce	Quorn & Vegetable Chow Mein Hoi Sin Sauce	Flapjack Topped Fruit Crumble Custard
<p>Check out our other counters for the rest of our lunch range</p> <p>We have a daily range of seasonal vegetables and accompaniments available with every dish.</p>			

**GREAT VALUE FOOD**

Mid morning break deals from 55p and lunchtime deals from 99p. Look at the counters for more details.



**LOTS OF PROMOTIONS AND GREAT MONEY SAVING DEALS**

We have a range of meal deals on offer every day to help save money. Whether you want a hot meal or something to just grab and go, there will be an offer available. We also run a range of guest offers and special theme days to create a buzz in the dining room.

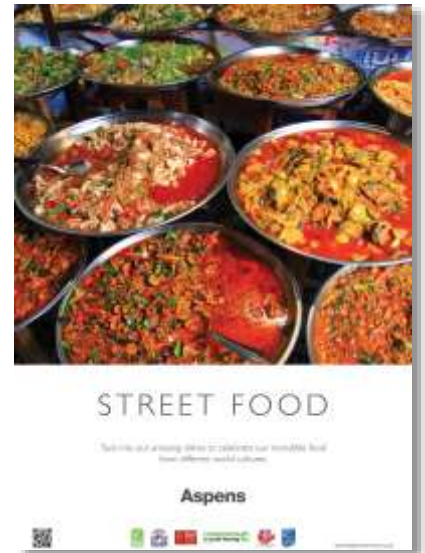
**FREE SCHOOL MEALS**

Did you know that you might be entitled to free school meals. For more information and details on how to claim, visit [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

**TALK TO US**

We are a contract catering company specialising in schools, academies and colleges across England and Wales. From the smallest primary school to the largest school or academy, our teams are trained and motivated to look after our most important asset – the people we serve.

We love what we do and if you want to talk to us, get in touch.



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