

**Key words/skills to include in log book write ups**

**Acting**

Facial expressions, body language, gestures, levels, movement, eye contact, interaction, stage space, monologue, duologue, dialogue, vocals, pitch, pace, pause, tone, volume, set, staging, intentions, audience awareness, status, costume, props, accent, characterisation, feedback, projection, music, flash-back, still image, script, lighting, sound, genre, style, entrances and exits.

**Musical Theatre**

Genre, style, dynamics, musicality, rhythm, choreography, unison, canon timing, co-ordination, storytelling, voice, script, lighting, sound, script, dance, singing, facial expressions, body language, gestures, levels, movement, eye contact, interaction, stage space, monologue, duologue, dialogue, vocals, pitch, pace, pause, tone, volume, set, staging, intentions, audience awareness, status, costume, props, accent, characterisation, feedback, entrances and exits.

**Dancing**

Genre, style, dynamics, musicality, unison, balance, canon, lifts, jumps, turns, rhythm, choreography, timing, co-ordination, storytelling, lighting, sound, dance, facial expressions, body language, gestures, levels, movement, eye contact, interaction, stage space, solo, duet, dialogue, set, staging, intentions, audience awareness, status, costume, props, characterisation, feedback, entrances and exits.

# ★ PERFORMING ARTS ★

## Workshop & Rehearsal logs (C1, C2)

**Tasks**

To practically participate in a number of workshops and rehearsals.

To record your practical workshops and rehearsals into your log book folder. You can also type these and add in extra paper to you booklet.

**How to write a successful log book entry**

- Give specific examples of what you did and how you did it. For example, "we worked on the first two pages of scene two of Blood Brothers and our focus of the rehearsal was movement. The scene shows the meeting of Mickey and Eddie at 7 years old. I played the Character of Mickey who is from a lower social class background. For a characterisation and movement warm up, we..."
- Analyse and discuss your uses of the skills that you mention. Whether this is facial expressions, body language, vocals, speed of movement etc. For example ... "At this point, I made sure my facial expressions were strong, I pursed my lips and frowned deeply to show that I was extremely angry. I also used my body language to show this by folding my arms and hunching my shoulders forward".
- It is also important to consider audience impact and to mention your audience in your log books. For example "I thought my vocals were really effective, I raised the pitch of my voice when saying 'gis us a sweet', this helped the audience to understand that I was an excitable 7 year old".
- Always include a line of dialogue from the scene/lyric from the song used/movement from the dance and explain what vocal/facial/gesture you used and why.

**Structure of a log book entry**

1. Date and title of the piece being studied.
  2. Key words (words that relate to that specific rehearsal/workshop)
  3. What did you do in the workshop?
  4. How did you develop your SKILLS? (give examples)
  5. What did you do well? (give examples)
  6. What could you have improved? (give examples)
  7. What teacher/peer feedback did you receive?
  8. Target for next lesson
- TIP—Mention impact on the audience at least once!**

**Top Tip**

When you are completing your log books, please remember that it is also about recording your 'milestone moments' . A milestone moment could be when...

- A great idea is raised within your group.
- You receive some feedback from your teacher/peers (positive or constructive)
- You have had a positive rehearsal.
- You have faced a challenge and how you overcame it.